

FRIDAY A.M.
7th April 2017

7.30-8.15 Breakfast

8.30-11.00 Session 7

DRIVING AND OSA
Chair – Sonya Craig

How do we identify those at risk of road traffic accidents? Akshay Dwarakanath

Advising patients with sleep apnoea about driving. Chris Rogers, SATA

Working with the DVLA on driving regulations and Fast tracking professional drivers. Sophie West

Legal pitfalls regarding sleep and driving – Jim Horne

11.00 Coffee and Close



**SLEEP &
VENTILATION
MEETING**

Eighth update for Clinicians



**WORCESTER COLLEGE
OXFORD**

5-7th April 2017
(Wednesday lunchtime to
Friday lunchtime)

*Draft
Programme for
Worcester College
Meeting 2017*

<http://www.worcestersleep.org>

WEDNESDAY P.M.
5th April 2017

11.00-1.30 Registration
(coffee served in the buttry until 12.00)

12.30 Lunch

1.30-3.30 **Session 1**

**ALTERNATIVES TO CPAP IN OSA
TREATMENT**

Chair – Sophie West

What should we do about mild OSA? Mary Morrell
Is there a role for pharyngeal stimulation in treating
OSA? Joerg Steier/ Martino Pengo
Are we neglecting postural training in OSA? John
Stradling
Who should we direct towards a MAD? – John
Fleetham

3.30-4.00 Tea

4.00-6.00 **Session 2**

**NON-INVASIVE VENTILATION
IN COPD and OSA**

Chair – Annabel Nickol

Acute NIV – where are we going wrong? Background
for the NCEPOD review. Mark Juniper
Is there a role for home NIV in COPD? Patrick
Murphy
Home oxygen therapy and chronic ventilatory failure
Maxine Hardinge
When to consider NIV for the OSA patient – Justin
Pepperell

7.00 Drinks in the quad at Nuffield
College, followed by dinner

THURSDAY A.M.
6th April 2017

7.30-8.15 Breakfast

8.30-10.30 **Session 3**

COMPLEX VENTILATION
Chair – Maxine Hardinge

Airway clearance in respiratory muscle weakness –
Julie Young
Is there a role for long-term tracheostomy? – Patrick
Murphy
Ventilatory strategies to optimize NIV – Simon
Baudouin
Management of patient with advanced respiratory
muscle weakness -Annabel Nickol

10.30-10.45 Coffee

10.45-12.45 **Session 4**

DEVELOPMENTS IN OSA MANAGEMENT
Chair – Malcolm Kohler

Personalised medicine, phenotyping OSA - Chris
Turnbull
Is one diagnostic night enough? – new data from
CPAP withdrawal studies. Esther Schwarz
Exhaled breath analysis – how will this help in
OSA. Malcolm Kohler
The role of telemonitoring. Adam Benjafield

12.45 Lunch

THURSDAY P.M.
6th April 2017

1.30-2.45 Free

2.45-4.45 **Session 5**

**CENTRAL SLEEP
APNOEA/HYPOVENTILATION**
Chair – John Stradling

Periodic breathing at altitude – does it matter?
Konrad Bloch
Drugs affecting sleep and ventilation – Ian Smith
Opiate induced sleep apnoea – what should we be
doing John Fleetham
Primary and post-CPAP central sleep apnoea – does
it matter to the patient? John O Reilly

4.45-5.00 Tea

5.00-6.30 **Session 6**

DIFFICULT CASES
Chair – John O Reilly

Panel to include -
Sonya Craig
Justin Pepperell

7.30 Pre-Dinner Drinks in
Colonnade

8.00 Conference Dinner
(cellar bar open afterwards)